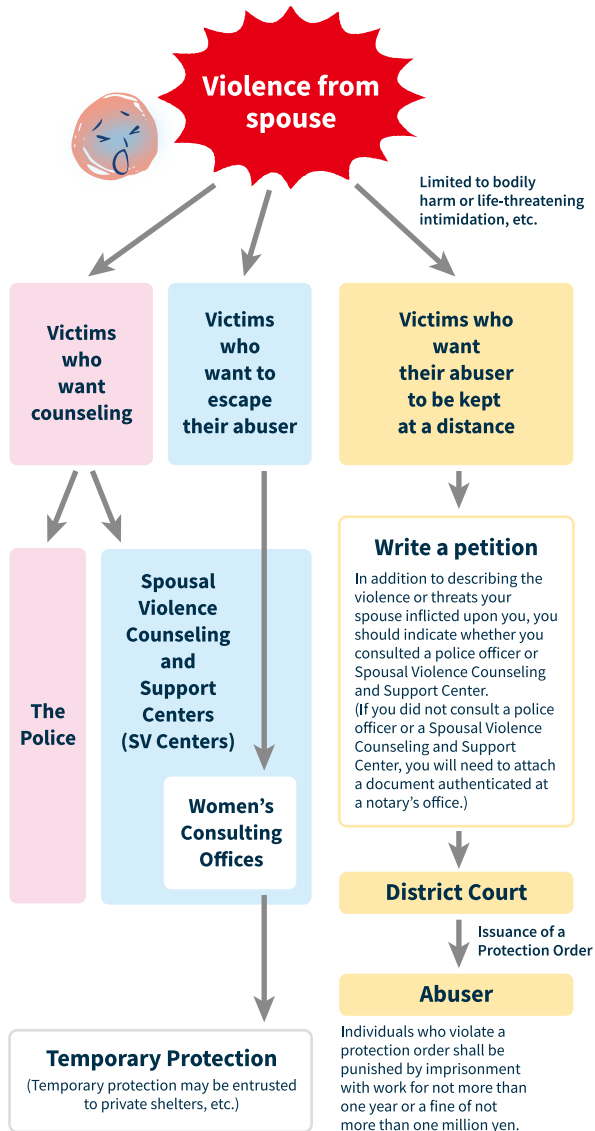


## FLOWCHART FOR SUPPORT



Act on the Prevention of Spousal Violence and the Protection of Victims

The Act also applies to all foreigners living in Japan.

## Consultation Services

**Osaka Prefectural Women's Counseling Center**  
**Telephone: 06-6949-6181**
**Languages**

English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesian, Nepali and Japanese

**Hours**

9:00 - 17:30 ( Excluding Saturdays, Sundays, national holidays and the period from December 28 to January 3 )

\*The three-way calling system equipped at Osaka Information Service for Foreign Residents is used for consultations in languages other than Japanese.

**Osaka Information Service for Foreign Residents**  
**Telephone: 06-6941-2297**
**Languages**

English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesia, Nepali and Japanese

**Hours**

Monday and Fridays 9:00 - 20:00 (National holidays excluded)

Tuesday, Wednesday and Thursday 9:00 - 17:30 (National holidays excluded)

Second and fourth Sunday of every month 13:00 - 17:00

**Fax**

06-6966-2401 (in English/Japanese)

**Email**

jouhou-c@ofix.or.jp (in English/Japanese)

**府内配偶者暴力相談支援センター** in Japanese only

施設名	電話番号	対応時間 (土・祝日・年末年始を除く)
大阪府中央子ども家庭センター	072-828-0277	
大阪府池田子ども家庭センター	072-751-3012	
大阪府吹田子ども家庭センター	06-6380-0049	9:00~17:45
大阪府東大阪子ども家庭センター	06-6721-2077	
大阪府富田林子ども家庭センター	0721-25-2065	
大阪府岸和田子ども家庭センター	072-441-7794	
大阪市配偶者暴力相談支援センター	06-4305-0100	9:30~17:00
堺市配偶者暴力相談支援センター	072-228-3943	
すいたストップDVステーション (DV相談室)	06-6310-7113	9:00~17:30
枚方市配偶者暴力相談支援センター「ひらかたDV相談室」	050-7102-3232	
茨木市配偶者暴力相談支援センター	072-622-5757	9:00~17:00
豊中市配偶者暴力相談支援センター	06-6152-9893	

**Other consultation services in Osaka Prefecture**

List of Consultation Services  
(Osaka Prefectural Government's website)

<http://www.pref.osaka.lg.jp/danjo/soudan-link/index.html>

in Japanese only



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# You are not at fault.

Those who suffer from violence are not at fault,  
no matter the reason.

People that use violence are at fault.

No one should suffer from violence.

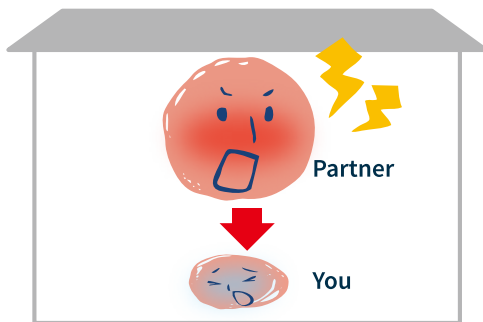
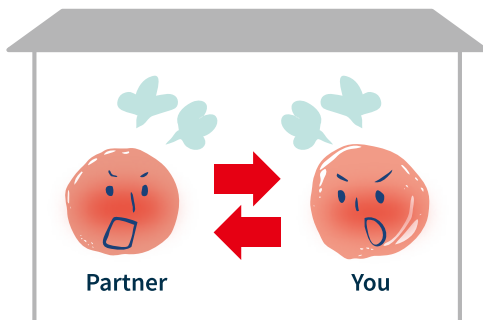
You do not need to worry alone.

Please seek help.



## Which applies to the relationship between you and your partner?

You may sometimes argue with your partner. During such quarrels, the power dynamic between you and your partner is fair and balanced. It is not abusive. Domestic Violence (DV) occurs when a person uses violence towards their partner. In this situation, the stronger person puts the weaker person under control by force.



## Have you ever thought, “it’s also my fault”? The perpetrator may be controlling you through various kinds of abuse.

In many cases the violence occurs at home, which is a private setting. Thus, the violence is invisible to other people and occurs repeatedly over a long period of time. The effects are often serious, with victims experiencing feelings of fear and anxiety. DV refers to not only actions such as punching and kicking, but also behavior aimed to control you. Some of these include yelling at you, threatening you, checking your relationships with friends and restricting your actions.



### Physical abuse

Punching, kicking, choking, shoving, etc.

### Emotional abuse

Using abusive language, yelling, threatening, ignoring, looking down on your home country, etc.

### Abuse by involving or making use of your child

Abusing you in front of your child, hurting your child, blaming you in front of your child, etc.



### Economic abuse

Refusing to give you living expenses, disliking the fact that you have a job, forcing you into debt, preventing you from sending money to your family, etc.



### Social abuse

Restricting your associations with friends and relatives, checking your mobile phone, emails and other actions, feeling intense jealousy, taking away your passport, refusing to help you renew your visa status, etc.

### Sexual abuse

Forcing you to do sexual acts, forcing you to have unprotected sex, taking nude photos of you and then uploading (or threatening to upload) them to social media, forcing you to watch pornography and other things of sexual nature, etc.